

## **SENIORS Assistance Programs**

**Senior Disability Benefits**-disability.gov

**SSI- Supplemental Security Income**-federal assistance program for low-income people 65 or older -800-772-1213-

**SSDI**- federal assistance program for low-income people 65 or older, blind or disabled-800-252-7009- [www.ssa.gov/disabilityssi/ssi.html](http://www.ssa.gov/disabilityssi/ssi.html)

**Medicare**-age 65 and older-[medicare.gov](http://medicare.gov)-800-264-4000

**Medicaid-Center for Medicaid Services**-877-267-2323-[medicaid.gov](http://medicaid.gov)-[medicaid.gov@cms.hhs.gov](mailto:medicaid.gov@cms.hhs.gov)

**SSA-Social Security Administration**-[ssa.gov](http://ssa.gov)-800-772-1213

**Benefits.gov**-enter zip code for specifics

**Senior benefits**-[benefitscheckup.org](http://benefitscheckup.org)-includes eldercare locator

**Housing Choice Vouchers**-62 and older-contact PHA-Public Housing Agency-800-955-2232

**HHS-TX. Department of Health and Human Services**-[HHS.gov](http://HHS.gov)-972-480-5000 or 888-388-6332 or 512-438-4313

**Your Texas Benefits.org**-877-541-7905

**SNAP-Supplemental Nutrition Assistance Program**-[yourtexasbenefits.org](http://yourtexasbenefits.org)

**TANF-Temporary assistance for needy families**-office of family assistance-877-541-7905

**TSAP-Texas Simplified Application Process**—provides 3 years of benefits instead of 6 months-877-541-7905

**The Senior Source**-214-823-5700

**Wellness Center for older adults**-972-953-7669-counselor Lee-[info@wellctr.org](mailto:info@wellctr.org)-800-272-3921-401 W. 16<sup>th</sup> St., #600, Plano

**Catholic Charities**-Dallas-866-223-7500

**St. Vincent de Paul Pharmacy**-469-232-9902

**Assistance Center of Collin County**-972-422-1850 x 900-

[www.assistancecenter.org](http://www.assistancecenter.org)

**Collin County Community Health Center**- 972-578-5500-[hc@collincountytx.gov](mailto:hc@collincountytx.gov)

**Collin County Adult Clinic**-972-964-3888

**Collin County Health Care Services**-972-578-5500-825 N. McDonald St., #130,  
McKinney

**Health Services of North Texas**-940-381-1501-651 E. 18<sup>th</sup> St, Plano

**Julia's Center for Health care**-972-423-4941-1947 Ave. K. Plano-

[www.juliascenter.com](http://www.juliascenter.com)

**Watermark Urgent Care**- 972-972-8930-910 Parker Rd. #102, Plano

**Parkland Hospital-Dallas County Residents**-800-590-8000-5200 Harry Hines Blvd.,  
Dallas

**Dallas Hearing Foudation**-972-424-7711-777 Forest Lane-

[dallashearingfoundation.org](http://dallashearingfoundation.org)

**RX Outreach**-888-796-1234-[rxoutreach.org](http://rxoutreach.org)

**Agape Clinic**-972-707-7782—4104 Junius St., Dallas-[agapeclinic.org](http://agapeclinic.org)

**Texas A & M College of Dentistry**-214-828-8981-3302 Gaston Ave., Dallas

**Collin County Dental Hygiene Clinic**- 972-548-6537-

[collin.edu/dentalhygiene/clinic.html](http://collin.edu/dentalhygiene/clinic.html)

**Community Dental Center of Plano**-972-633-3380-900 E. Park Blvd., Plano

**Christ's Family Clinic**-214-261-9500-6409 Preston RD., Dallas

**Project Access-Collin County**-469-365-0772-6101 Frisco Square Blvd., 2<sup>nd</sup> Floor,

[Frisco-pacollin.org](http://Frisco-pacollin.org)-(Collin County's answer to not having a public hospital)

**South Texas Dental**, Plano-972-943-4734-1120 E. Parker Rd., Plano

**Salvation Army**-972-423-8254

**Texas Utility Assistance**-855-566-2057-texasutilityhelp.com

**Texas Department of Aging and Disability Services**- 800-252-9240-Grand Prairie Ofc.- 888-337-6377-Bank of America Center, 801 State Highway. 161, M-F-800-500

**Visiting Nurses Association**—469-436-5266-vnatexas.org

**Christian Community Action**-972-221-1224-Serving Collin, Dallas, Denton and Tarrant Counties-Food Pantry 200 S. Mill St., Lewisville

**Transportation options for seniors and disabled people**-Get A Ride Guide-myridedallas.org-972-855-8084